

DESIGN FOR HEALTH AND WELL-BEING. THE HOUSING NEEDS OF FUTURE SENIORS

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Abstract

This paper presents the results of the research made on a sample of 2,000 of young respondents surveyed in the scope of their housing needs, including their expectations as to the place of residence, form of residence and size of their living space. The methodology assumed for the presentation of results of quantitative variables included such statistical measures as the arithmetic mean, standard deviation or quantity. Whereas, the quantitative variables have been presented via quantity and percentages. To assess the percentage difference between the analysed parameters, the author has used Pearson's chi-squared test, chi-squared test and others. Comparative analyses drawn up on the basis of the data show the tendencies in the housing preferences among young people, both in the short and long time perspective. The research was intended to diagnose the housing needs of young people and to juxtapose their expectations with the tendencies. It can effectively help architects create solutions that properly meet the factual needs of the residents as well as improve the quality of designed housing for the future senior residents.

Keywords: Ageing societies; Designing for health and well-being; Future seniors; Housing architecture; Living environment new technologies.